



David H. Kim, M.D.
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www.GoneWithPain.com

Dr. David Kim has over 20 years of experience specializing in **Trigger Point Needling** which offers patients a drug-free pain treatment for all parts of the body. Dr. Dave is an M.D. specialist who really listens to his patients and understands the effects chronic pain can have on their body and mind.

- **Trigger Point Needling** uses very thin needles to **release muscle spasms, pinched nerves and arthritic joints**. The treatment is not as painful as traditional injections and the relief can be immediate.
- Trigger Point Needling does not involve steroids and he will not write prescriptions. This drug-free pain relief method helps you regain your mobility and quality of life. It helps avoid drugs, costly tests, and risky surgery.
- Over the past 20 years, many patients experienced significant, and sometimes life changing pain relief.

Effective to treat pain from:

Back, Neck, Shoulders, Sciatica, Knees, Legs, Feet, Numbness/Tingling, Headaches, TMJ, Carpal Tunnel, Plantar Fasciitis, Rotator Cuff, Tendonitis, Arthritis, Spinal Stenosis, post Joint-Replacement, and post Back Surgery

Trigger Point Needling is also highly effective when combined with other treatments such as physical therapy, massage, and chiropractic. Typically, weekly or bi-weekly treatments are recommended for 1-2 months until the patient is ready to wean to an as-needed basis.

We bill for a Specialist's office visit which may require referrals from some insurance companies. Check with insurance to be sure Dr. David Kim is In-network and if you have a co-pay or deductible for Trigger Point Needling (procedure CPT 20550/20553)

We accept most major insurances including:

MEDICARE, Aetna, AmeriHealth, Cigna, Horizon, Blue Cross, Keystone, Personal Choice, Humana, United Healthcare, US Family Healthcare